

RSCDS Sheffield Branch Nice'n'Easy Social Dance Chosen by Debbie Crossley
Dancing to recorded music. Saturday 31st January 2026. 7.30-11.00pm. St John's Church Hall, Abbeydale Road South, Sheffield S17 3LE. £6 (£5 for RSCDS members) to be paid in arrears.

THE LION GATE (R32) Round the Room

Round the Room - Couple facing couple, 1s facing anticlockwise

- 1- 8 All circle 4H round & back
- 9-16 All dance LH across & RH back
- 17-24 All dance DoSiDo with person opposite & DoSiDo with partner
- 25-32 1s+2s change place, 1s dancing under arch made by 2s. Repeat, arch made by 1s. Repeat, arch made by 2s and all dance on to meet new couple

THE OLD MAN OF STORR (R8x32) 3C (4C set)

- 1- 8 1s+2s dance RH across, 1L followed by partner casts 1 place & 1L crosses to 2nd place opposite sides
- 9-16 1s+3s dance LH across, 1L followed by partner casts down 1 place & 1L crosses to 3rd place own side
- 17-24 1s set, dance up to top & cast to 2nd place
- 25-32 2s+1s R&L

FRIENDSHIPS (S4x32) 4C set

- 1- 8 1s+3s dance down between 2s/4s and cast back to places, 1s+2s **also** 3s+4s dance circle 4H round to Left
- 9-16 2s+4s dance up between 1s/3s and cast back to places. 1s+2s **also** 3s+4s dance circle 4H round to Right
- 17-24 1s+2s set, 1/2 RH across. 1s+3s set, 1/2 LH across
- 25-32 1s+4s set, 1/2 RH across. All 4 couples set and cross RH

THE YOUNG ACCORDION MAN (R8x32) 3C (4C set)

- 1- 8 1s+2s+3s Adv+Ret; 1s dance in & cast (2s step up)
- 9-16 2s+1s+3s Adv+Ret; 1s turn RH (birl) to finish facing 1st corners
- 17-32 1s dance Corner Chain with 1st & 2nd corners:
 1s change pl RH with 1st crnrs, 1st crnrs turn LH in centre & return to places giving RH to 1s who turn LH in centre to face 2nd crnrs
 1s change places RH with 2nd crnrs, 2nd

crnrs turn LH in centre & return to places giving RH to 1s & 1s end with a 1/2 turn LH to 2nd place own sides. End 2 1 3

THE HIGHLANDMAN'S UMBRELLA (R4x32) Sq.Set

- 1- 8 All 4 couples in prom hold advance 2 steps to centre & retire, all Ladies cast 1 place clockwise
- 9-16 All with new partners Adv+Ret, all Men cast 1 place anticlockwise
- 17-24 All set to new partners, 1M+3M change places LH (across set), 2M+4M change places LH (up/down set) & all set to own partners
- 25-32 All circle 8H round & back

SANDY O'ER THE LEA (S8x32) 2C (4C set)

- 1- 8 1s+2s dance RH across & LH back to places
- 9-16 1s+2s set; cross RH, set & cross back RH
- 17-24 1s followed by 2s lead down, 2s divide & 1s followed by 2s lead back to top
- 25-32 1s+2s dance Allemande

AUTUMN LEAVES (J8x32) 3C (4C set)

- 1- 8 1s dance Figs of 8 on own sides (between 2s to start)
- 9-16 1s+2s+3s Adv+Ret & turn RH to end in prom hold facing up
- 17-24 1s+2s+3s Promenade (1s end facing out)
- 25-32 1s+2s turn with nearer hand 1.1/2 times, 1s+3s turn (other hand) once round

FIRST LOVE (S8x32) 3C (4C set)

- 1- 8 1s+2s+3s dance mirror reels of 3 on sides (1s in/down, 2s out/up)
- 9-16 1s turn RH, cast (2s step up); 1s dance Do-SiDo and end facing down
- 17-24 All dance Grand Chain (2s cross, 1s+3s change places on sides to start)
- 25-32 All circle 6H round & back. 2 1 3

THE HIGHLAND RAMBLER (R8x40) 3C (4C set)

- 1- 8 1s dance in & cast to 2nd place, dance RH across with 3s
- 9-16 2s+1s dance LH across, 1L followed by partner cast up round 2L & dance down middle to 1L between 3s & 1M between 2s
- 17-24 1s+2s+3s dance down the middle & back
- 25-32 1M followed by partner dance up, cast down round 2L to 2nd places on own side & turn RH
- 33-40 2s+1s+3s circle 6H round & back

Interval

THE BORROWDALE EXCHANGE (R32)

Round the Room

Round the Room in 3 Couple Circles

- 1- 8 All circle 6H round & back
- 9-16 All Adv+Ret (into centre of circle) & dance DoSiDo with partner
- 17-24 All dance RH across, Lady with hand is underneath dances out under arch into prom hold with new ptrnr followed by next Lady etc
- 25-32 All Promenade with new partners anywhere round the room & hopefully meet with another 2 couples to start again

THE FALKIRK LASS (S8x32) 3C (4C set)

- 1- 8 1s turn RH, cast 1 place, cross LH & cast round 2nd corners to 1M between 2s facing down & 1L between 3s facing up
- 9-16 All Adv+Ret (1 step), change places with opposite person RH, Adv+Ret again & 2s+3s change places RH **while** 1s turn RH to face 1st crnrs
- 17-24 1s dance Pass+Turn with 1st corners & pass RSh to face 2nd corners, dance Pass+Turn with 2nd orners & pass RSh to 2nd place own sides
- 25-32 2s+1s+3s circle 6H round & back

CROM ALLT (The Crooked Burn) (R8x32) 3C (4C set)

- 1- 8 1s dance reels of 3 on own sides (in & down to start)
- 9-16 1s+2s turn on sides 1.1/2 times (Men RH & Ladies LH), 1s dance between 3s & cast up to 2nd place on own sides
- 17-24 1s+1st corners Adv+Ret, 1s+1st corners turn RH
- 25-32 1s+2nd corners Adv+Ret, 1s+2nd corners turn LH

THE WILD GEESE (J8x32) 3C (4C set)

- 1- 8 1s+3s set advancing & Bal-in-Line (Man above Lady), turn partners RH & 1s cast to 3rd place **while** 3s lead up to 1st place
- 9-16 3s+1s set advancing & Bal-in-Line (Man above Lady), turn partners RH & 3s cast to 3rd place **while** 1s lead up to 1st place
- 17-24 1s lead down & back to 2nd place
- 25-32 2s+1s dance R&L

GIFTS (S3x32) 3C set

- 1- 8 1s dance Figs of 8 on own sides (in & down to start)
- 9-16 All petronella turn & set to opposite sides
- 17-24 All chase clockwise back to own sides, all turn RH
- 25-32 3s+2s dance Allemande to end 2 3 1

THE DANCING BEES (R8x32) 3C (4C set)

- 1- 8 1s lead down the middle & back to face 2L in prom hold
- 9-16 1s dance reel of 3 across with 2s (giving RSh to 2L)
- 17-24 1s dance reel of 3 across with 3s (LSh to 3L) ending in the middle (Man facing down & Lady facing up to partner)
- 25-32 1s set in middle, petronella to 2nd place own sides & 2s+1s+3s turn RH (4 bars)

GAELFORCE WIND (J8x32) 3C (4C set)

- 1- 8 1s set, cross RH, 1s+2s Set+Link (Ladies face out)
- 9-16 2s+1s Men's Chain
- 17-24 1s 1/2 Figs of 8 (L round 2s & M round 3s), 2s+1s+3s turn RH & open into
- 25-32 2s+1s+3s circle 6H round & back

LANGHOLM FAIR (S3x32) 3C set

- 1- 8 1M followed by 2M & 3M dance across top of set, down behind Ladies; Men pass between Ladies to own side (to end in reverse order) & all set
- 9-16 2s dance RH across (2L with top couple & 2M with bottom couple), 2s pass RSh & dance LH across with other couple
- 17-20 1L followed by 2L+3L dance across top of set & down behind Men who pull back LSh, turning in place to face down & take prom hold with partners
- 21-24 3 couples Promenade 1/2 round to original positions, 1s remaining in middle facing up
- 25-32 1s cast to 2nd place (2s continue dancing up) & 1s turn 2H; 1s cast to 3rd place (3s step up) & 1s turn 2H. 2 3 1

THE DE'IL AMANG THE TAILORS (R8x32) 3C (4C set)

- 1- 8 1s+2s set & dance RH across 1/2 way, set & dance LH across 1/2 way back to place
- 9-16 1s lead down the middle & back to top
- 17-24 1s+2s dance Allemande
- 25-32 2s+1s+3s circle 6H round & back

Our next social dance at St John's will be on March 7th.

We hope to see you there, and at the ASCDS Festival on May 9th.